

Year 6 sketches inspired by the artist Peter Randall-Page

Monday 4th October 2021

We are all aware of the impact that over eighteen months of disrupted schooling has had on children's learning and mental health and wellbeing. As a school we have been very focused on enabling the children to feel able to express their feelings so that support and help can be offered. It is very difficult for children to be available to learn if they are worried or upset and their minds are preoccupied, leading to a lack of focus. Therefore as a school, we have decided to introduce Zone of Regulation to all from Year 1 to Year 6.

We hope that the explanation appended to this newsletter will help you to understand what we have introduced and possibly adopt some of the strategies that we will be using at home.

School Meals

Our catering contractor, Caterlink, produces nutritionally balanced meals and can cater for most diets. Our resident cook, Gladys, makes every effort to ensure that the meals are tasty and enticing. Whilst we appreciate that some of your children are finicky eaters there is generally a range of meals across the week that meet all of the correct dietary requirements.

It has come to our attention that a small number of children are swapping between packed lunches and school dinners during the week and unfortunately this is causing problems with our dinner numbers, causing the cook to prepare too much food on some days, which is a waste.

We are happy for children who ordinarily have packed lunch to have **Fish and Chips** on Fridays and we can also accommodate other changes with advanced warning, but we are asking that children keep to one or the other in order to avoid unnecessary cost and waste.

NEWS	NEWS	NEWS
<p>Calling all Parents There will be a coffee morning for class reps and those interested in participating in planning school events on Wednesday 13th October at 9.15am</p> <p>We asked all parents that attended class meetings this term whether they might be interested in being class representative in our Parents Association, for their child's class this year. Some parents have already expressed an interest and we are now ready to hold our first planning meeting of the year. Please come along to help plan and organise any community events and fundraisers that we may have in the year to come.</p>	<p>Every year we have a harvest collection and we would like to have one this year too. We appreciate that not everyone can afford to contribute but we are hoping that as many of you that are able to, can give to our 'Give a Tin' collection. If we receive at least one tin from each family, that will be over 220 tins of food for our local food bank. We will be presenting our donations to the local Trussell Trust. A box will be placed outside the office for contributions and the last day for bringing donations will be Monday, 11th October.</p> 	<p>Harvest Assembly</p> <p>Year 3 and 4 will be presenting a Harvest Assembly on Tuesday, 19th October. Y3 and 4 parents are invited to attend a Harvest Assembly at 2.45 on Tuesday, 19th October.</p>

STARS OF THE WEEK

Reception - Ayman		
Year 1- Thor	Year 2 - Leah	
Year 3 - Zan	Year 4 - Hana	
Year 5 - Jay	Year 6 - Deon	
<p>* TIMES TABLES ROCK STARS *</p> <p>* * * * *</p>		
Year 6 Lara	Year 5 Taylor	Year 4 Cameron

YEAR 3

On Monday, we enjoyed our first trip of the year where we went on a nature walk to Hampstead Heath! We practiced our impressive resilience skills by walking to and from the Heath - even managing to squeeze in a cheeky picnic with a view. During our walk we stopped to forage various natural materials that will help us build our clay fantastical creatures this week. We are looking forward to exploring how the shapes and textures will create the different body parts of our creatures and their super powers. A big thanks to the parents who were able to assist with the trip, the children thoroughly enjoyed your company and



we couldn't have done it without you!

In English we have started a new graphic novel called *Mouse, Bird, Snake, Wolf* written by David Almond and illustrated by David McKean. Inspired by the highly descriptive writing and emotive drawings we have started to draw our own creations in the style of David McKean. We used red and orange oil pastels to represent the creation of our creatures within dark silhouettes of our heads. We have started to use ambitious adjectives, and noun phrases to describe our fantastical creatures and look forward to developing our descriptive writing next week!

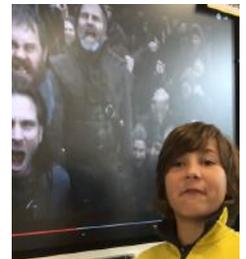


YEAR 5

In Year 5 this week, we enjoyed completing a workshop online from London Fire Brigade where we cemented our understanding of Detection, Prevention and Escape. The class asked a wide range of very mature questions and used their own knowledge that they gained by discussing with their families to help build conversation. Thank you very much to the London Fire Brigade!



In history, we have continued to discover about how Roman Britons' lived, and we are now hearing about the famous Queen Boudicca and her incredible battles. We enjoyed taking part in drama lessons where we performed as Shakespeare's Henry V to our classmates, rallying them until they were ready for war, just as Boudicca did. Next week we will be writing our very own speeches as if we were the Celtic Queen herself!



Year 1



We visited the model of London at Coal Drops Yard and sketched pictures of the London skyline. Then we looked at paintings by Lancelot Ribeiro and painted our pictures in a similar style.

KEY DATES

Mon, 11th October - Nasal flu vaccinations - Reception to Year 6 (optional authorisation letters to follow)

Tues, 12th October - Y4 CLC

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Wed, 13th October - Coffee morning for Parent Reps and interested parents/guardians at 9.15 am

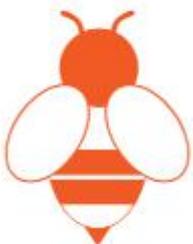
Tues, 19th October - Years 3 & 4 Harvest Assembly

Wed, 20th October - Y3 Geobus Fossils Workshop in school

Thurs, 21st October - Y2 Canal boat trip

Thurs, 21st October - Y5 Museum of London

Fri, 22nd October - break up for half term



Zones of Regulation

Across Years 1 to 6, we are introducing the Zones of Regulation with the support of the Primary Learning Support Service and we thought that you might like to know a little bit more about "the Zones."

The children are using the zones to identify how they feel and then learning how to regulate their emotions using different tools. Most children feel most comfortable in the Green Zone. They are learning to use their tools to manage their feelings when they are in different zones and to see if they can bring themselves back to the Green Zone.



There is no 'bad' Zone. Everyone experiences all of the Zones at different times and in different circumstances. Children are working towards being able to manage their feelings and behaviours.

The children are learning to use different types of strategies to help them regulate. There are sensory strategies, such as going for a walk, wall push-ups, listening to music and blowing bubbles. Calming activities include reading, using playdough and drawing.

Older children are encouraged to consider whether the size of a reaction matches the size of the problem.

This work builds on the EYFS curriculum, which requires that "children show an understanding of their own feelings and those of others and begin to regulate their behaviour accordingly."

We hope that acquiring these skills will be helpful for children throughout their time at Hawley and beyond. If you would like to know more, please contact Oonagh Pierce (SENDCO) through the school office.

