

31st January, 2021

Another week has passed by and we are thankful that a temporary closure of one of our bubbles in school, was just that, temporary. Just two days, which meant that there were no positive cases in the school. It was such a relief that we could re-open the class. Of course we appreciate that the virus is in the community and we have to remain vigilant at all times.

I am sure that like us you were disappointed to hear that schools will not re-open after February half term as was previously anticipated and we will have to wait a few weeks longer. However, the roll out of the vaccine and the chink of light at the end of the longest tunnel we have ever been through, brings some optimism.

Over the past week it has again been a true pleasure to look at the work that your children are doing online and to see the level of engagement from the vast majority of them. The teachers and support staff very much appreciate the time and effort you put in to supporting your children and they are also very grateful for the comments and messages of gratitude that they have received from you. It makes a huge difference to them as they too work from home and have to juggle family life and making sure that they are planning and delivering a varied curriculum for the children.

Last week we shared some photographs of children enjoying some 'extra –curricular' activities and it was great to see what fun the children were having and what delicious looking food they were cooking! It seems that last week many of you made the most of the sprinkling of snow that we had.

Please also see (link below) some wonderful work by some Year 2 pupils, in role as Victorian pupils making diary entries about their school day – of course these bear no resemblance to Hawley!

Resources

Just a reminder, that we are able to provide your children with additional exercise books, paper, pens etc. If your child's book is full, or they need paper for their maths work please contact school in advance (by email) so that we can have it ready for you to collect. All we ask is that you do not dispose of any completed work. If you require any other basic resources, let us know.

Year 2

Here are diary entries from some poor Victorian children.

We have been working on the 4 sentence types, adjectives, the past tense and old paper techniques. Amazing work Year 2!

[Click to Download](#)

Victorian diary entries.docx

21.9 MB

Nursery

Mary (in Nursery) and her older siblings worked on this for her topic work

<https://drive.google.com/file/d/1GFqDtE851zRINljQfWbriN6LVzAD75vM/view?usp=sharing>

This week's Health and Well-Being tip

Week 11 – Find the lesson

This whole crisis can seem depressing, frustrating and emotionally draining. One way to work through it is to focus on the potential positive outcomes and the things we can learn from our experience. What have you learnt about yourself and how you cope in stressful situations? What might you do differently if faced with a difficult situation in the future? What changes can you make in your day-to-day life to prepare you to cope better and build your resilience? For example, practising self-regulation exercises e.g. deep breathing (breathe in for 5 seconds and out for 7 seconds) or letting go of the things outside of your control.

Children's Mental Health Week

Next week (1st February) is Children's Mental Health Week. Please see a helpful leaflet for parents attached. Please take a look at the sessions organised for parents and sign up if you think they will be helpful to you.

The theme is 'Express Yourself'. It will great to see the many positive and creative ways in which your children can express themselves over the next week.

Wishing you all a safe, happy and healthy week ahead.

Let's keep each other safe!

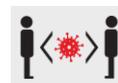
HANDS



FACE



SPACE



Three simple words that mean so much.

Coronavirus: Weekly update from Camden Council

For the latest information and support from Camden Council and its partners, including updates to services:

- Visit camden.gov.uk/coronavirus – includes information in different languages
- Check the rolling news pages at news.camden.gov.uk
- Follow Twitter [@CamdenCouncil](https://twitter.com/CamdenCouncil) and Facebook facebook.com/LBCamden
- Speak to someone at the Council directly by calling **020 7974 4444 (option 9)**.



SIGN UP to the Council's coronavirus newsletter for regular service updates, news and support at camden.gov.uk/coronavirus-updates



At what is still such a difficult time for London and the country, it's heartening hearing that so many of our older and most vulnerable residents have received the vaccine in Camden. People who are over 70 or extremely clinically vulnerable, care home patients and staff and health and care professionals are prioritised because they are at most risk from the virus. When it's your turn, the NHS will be in touch, so please wait for them to contact you and in the meantime make sure you're registered with your local GP. The COVID-19 vaccine is safe and our best hope of protection against the virus.

Even if you have had a dose of the vaccine, please continue to follow public health advice. By staying at home and following the guidance if we have to go out for an essential reason, we are helping to protect ourselves, our community, and the NHS.

Councillor Georgia Gould, Leader of Camden Council

STAY AT HOME TO SAVE LIVES



With cases of coronavirus still so high in London, it's vital to follow public health advice to prevent catching it or passing it on:



Stay at home unless leaving your house for an essential reason. If you go out, act like you and others have COVID-19



Wear a face covering in indoor and busy outdoor public spaces, unless exempt



Wash hands regularly and thoroughly



Keep 2 metres apart from people you don't live with

For more information, visit gov.uk/coronavirus

Why I got the COVID-19 vaccine



"I am a retired GP who re-registered to return to work as a clinical volunteer. Having the vaccine, which I know to be safe and very effective, has given me the confidence of knowing that I am protected. The most important thing I can do to keep my patients, colleagues and family safe is to keep following the rules."

Dr Caz Sayer, retired Camden GP and Chair of Haverstock GP Federation

Find out more about the COVID-19 vaccine at nhs.uk/coronavirus or call **119**.

Advice to self-isolate safely if you live with other people



Preventing the spread of coronavirus can be more difficult when you're living in close proximity to others. If you develop coronavirus symptoms, or someone you live with does, you must all self-isolate for 10 days and follow this advice to prevent those you live with catching the virus.

- Stay 2 metres apart from people you live with, especially if they are clinically extremely vulnerable, e.g. avoid using shared areas at the same time.
- Wear a face covering in shared areas, unless exempt.
- Regularly clean your home. Take extra care to clean frequently touched surfaces, e.g. door handles and toilet flush.
- Wash your hands more regularly, particularly after sneezing, coughing or blowing your nose. Do not share towels.
- Keep your home well-ventilated, e.g. open windows.
- Keep an eye on anyone who's got symptoms. If you're worried, call the NHS for free on **111**. In an emergency, phone **999**.

Support to self-isolate

Self-isolating can be difficult, so if you need any support, including with mental health, Camden Council can help. Visit camden.gov.uk/coronavirus or phone **020 7974 4444 (option 9)**.

If you're on a low income and currently receiving benefits, you may be eligible for a one-off £500 payment to support you to self-isolate and make up for lost income. Find out more and apply for a Test and Trace Support Payment at camden.gov.uk/apply-for-test-and-trace-support-payment or phone **020 7974 4444 (option 9)**.

Christmas Support Payment applications close this weekend



The Christmas Support Payment supports wet-led pubs – those that don't serve food and rely entirely on drinks sales for their business – that have been severely impacted over the Christmas period due to temporary local restrictions.

The deadline for applications is 31 January 2021.

Find out how to apply at camden.gov.uk/business-support If you have any questions, email businessgrants@camden.gov.uk

camden.gov.uk/coronavirus 020 7974 4444 (option 9)

Camden