

Hello

Hawley

#3

How to take good pictures

Still life and nature
photography

Styles

There are many different styles of taking pictures. Today, we will be focusing on the 2 main styles.

[Scroll down to see the full article](#)



Still life photography

Still life photography is a type of photography that involves an accumulation (a group) of objects that normally mean something like a situation. Here are some examples!

Method

You will need a camera/ a phone and some objects e.g your toys, teddies, books or flowers

First start by arranging your objects in a way that looks good test ways of taking the picture. Does it look better in landscape or portrait? Does it look better in black and white? Really try to experiment with ways of taking the picture. Here are some still art pictures I took myself. I really love still art and I hope you like it too.



Nature photography

Nature photography is a form of photography where you take pictures of plants, trees, animals, lakes, flowers and many more.

Method

A good time to take nature pictures is on walks or in your garden. I think trees and flowers are always good for nature photography. Like still art I want you to experiment with different camera angles zooming in and zooming out and really try and make the picture as beautiful as possible. Here are some pictures that I took and you can use them for examples.



PICTURE PAGE



This is a picture that I took in Corfu, Greece. We were on a boat and had dropped a piece of sandwich in the water. It turns out, fish love boiled eggs!



This is a sunset at the great dune of Pila, the biggest sand dune in Europe. It is located in France, near to where my grandparents live.



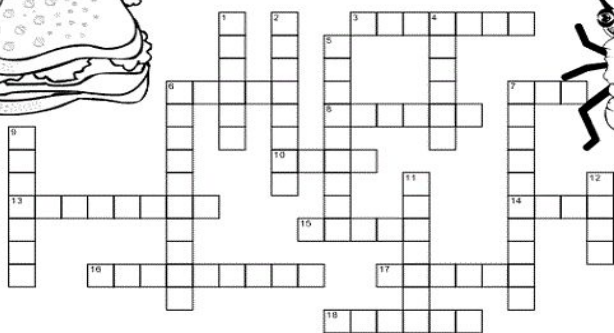
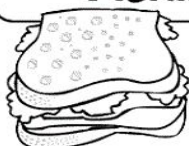
This is an example of still art photography. In this portrait, I have assembled books and an apple to try to make an interesting style. It looked very effective in black and white.

By Nina

Puzzle Page!

You may want to print out this page to complete the puzzles!

Picnic Crossword Puzzle



ACROSS

3. A fun picnic game played with a disc shaped toy.
6. Coleslaw is a type of _____.
7. A popular round-shaped baked dessert that is cut into wedges to serve.
8. One type of container used to carry picnic goodies.
10. It's yummy on the cob.
13. This comes in black lumps and is sometimes used on a picnic grill.
14. This type of weather can often ruin a picnic.
15. Tall and leafy, these provide shady places for your picnic blanket.
16. A bright evening show that sometimes follows a picnic.
17. A square of cloth or paper used to keep things clean when eating your picnic meal.
18. Grilled wiener on a bun.

DOWN

1. A picnic container that keeps food cold.
2. Two pieces of bread stuffed with meat, cheese, or other good stuff.
4. Most popular season of the year for picnics in North America.
5. A ground beef patty on a bun.
6. Eye protection from the sun.
7. A fun area for kids inside some parks.
9. Red condiment made from tomatoes.
11. Yellow sauce sometimes used on hamburgers and hotdogs.
12. Tiny picnic invaders.

www.free-for-kids.com



STAR WARS



C H E W B A C C A W R J E D I
C 3 P E U C S D A L R O R 2 D
R T D O O 3 R A T S H T A E D
2 G A J L P T C 3 P S D R 2 D
D Z R H I C 3 P M J A S O B 3
2 F T R G F E E S O N W B O P
C N H 2 H D P N G F V N I D F
3 Z V D T C N I O C N I W B C
P H A H S 3 R O I 3 Z Q A P O
T F D H A P R O O P D E N A L
O R E U B V H T R C 3 P Q E O
A E R I R C U A R 2 D H T S S
I W X L E W C T R C 3 P O X N
E C 3 P V Z K R 2 D J N W O A
L U K E S K Y W A L K E R F H

LUKE SKYWALKER DEATH STAR LIGHTSABRE
HAN SOLO OBI WAN TATOOINE
CHEWBACCA JEDI R2-D2
LEIA DARTH VADER C-3PO

Clues may run forwards, backwards, diagonally, up or down. Some may overlap or even be backwards!

Try to fill in all of the the empty boxes so that:

Each row contains the numbers 1 through 9.
Each column contains the numbers 1 through 9.
Each square 3 by 3 box contains the numbers 1 through 9.

		1		6	5		3	7
3				2	9	1	6	
	6	4						
	2	8			4			3
			1		7			
5			2			6	9	
4						5	2	
	5	6	9	4				8
9	1		5	8				

Once you've finished the puzzles, why don't you decorate the page?

World News



A climber in Hong Kong has attempted to climb the Nina tower (yes, that is the name of the building!) Whilst strapped in his wheelchair! Lai Wai-chi is a famous climber who was involved in a car crash in 2011, leaving him paralysed waist and below. Since then, he has experimented with ways of climbing in his wheelchair. On the 19th

January, he hoisted himself up the glass tower, but unfortunately could not go on due to violent winds. Nevertheless, he still beat several records and raised over £500,000 for charity.



An 11 year-old Fillipina girl has amazingly recovered thanks to Australian surgeons from a severe condition. Nichole was born with her spine twisted at a ninety degree angle; a condition that the doctors at a Melbourne hospital had rarely seen. Nichole's family couldn't afford to pay for the treatment, but doctors saw how important it was to save Nichole, and operated on her straight away. For the first time in her life, Nichole has walked.

And lastly, we'll be heading to America where Joe Biden has recently been appointed president! Taking over Donald Trump on the 20th of January, he has promised to tackle climate change and racism, as well as trying to bring America back together again. His vice president, Kamala Harris is also the first ever woman to be vice president!! Way to go Kamala!

PERSONALITY QUIZ

How will history remember you?

What is the feeling that you enjoy more than any other?

- A. The pride of solving a problem B. Satisfaction in the loyalty of your friends
- C. A deep sense of wonder at the world D. Red-hot anger with a hint of vengeance

Stranded on a desert island, what item(s) would you most want to have?

- A. Nothing. You can make do with what you find. B. A rope to harness a dolphin to carry you away.
- C. A notebook and a pencil for drawing and writing. D. A sword to defend yourself against invaders.

You time travel to the past and accidentally change the future. You....

- A. Map out the changes and fix the timeline back. B. Stay where you are and make the changes good.
- C. Go back to your time just to see what will happen. D. Accident? Nope, you changed it on purpose.

A bridge troll asks you a question you can't answer. What do you do?

- A. A question you can't answer? Psht. Unlikely. B. You convince the troll to let you pass anyway
- C. Trick the troll into giving you the answer. D. THROW THE TROLL OFF THE BRIDGE!

Which famous person from history fascinates you most?

- A. Albert Einstein. He's just so intelligent! B. Emmeline Pankhurst. So charismatic!
- C. Frida Kahlo. Her art is so brilliant! D. Blackbeard. That dude was really bad.

RESULTS!

Mostly As- result 3 Mostly Bs- result 1 Mostly Cs- result 4 Mostly Ds- result 2

RESULT 1

You are charismatic and thoughtful. History will remember you as a LEADER.

RESULT 2

You are powerful and daring. History will remember you as a REBEL.

RESULT 3

You are insightful and original. History will remember you as an INNOVATOR.

RESULT 4

You are brilliant and creative. History will remember you as an ARTIST.

This quiz was first published in the *Phoenix* magazine. For more info, click: <https://www.thephoenixcomic.co.uk/>

Should we all go vegan?



You may have heard the word 'veganuary' this month. If someone says that they're doing veganuary, it means they are going vegan for January. If you go vegan, it means you decide not to eat any animal products, which means not eating meat, fish, dairy or honey. Vegans also don't wear leather, fur, wool or silk. Many people believe that veganism is a great idea, whereas others argue that being vegan isn't worth the effort. This debate will attempt to introduce you to both views.

Those who support veganism state that going vegan makes a difference in terms of animal welfare. Recent research shows that an average of 3 million cattle, 10 million pigs, 15 million sheep and lambs, 80 million fish and 950 million birds are slaughtered each year in the United Kingdom for humans to eat. In addition, dairy cows are forced to produce 22 litres of milk each day, with some producing up to 60 litres a day during peak lactation. However, those against being vegan believe that it is part of the food chain for humans to eat animals, otherwise things that those animals eat, like bushes and berries, will become extinct because the animals have eaten them all.

It is argued that those eating a vegan diet are actually making the climate worse, as it takes 6,098 litres of water to produce a litre of almond milk. On top of this, over 80% of the world's almonds are grown in California, which has been in severe drought for most of this decade. The global demand for almond trees has led to biodiverse citrus groves to be replaced by large almond farms which, in consequence, harms the environment and because of the need to dig water wells, problems with subsidence occur more often than ever before. Despite this, others declare that every year a cow will burp approximately 220 methane, mentioning that cattle methane, though shorter lived than carbon dioxide, is 28 times stronger in warming the atmosphere. A new study at the University of Oxford (September 2020) suggests that going vegan could be the 'single biggest way' to reduce your environmental impact on the earth.

It is believed that going vegan will raise your sense of achievement on the fact that you are doing something to fight climate change and animal cruelty and that you are strong enough to go vegan, enjoy it and that you are able to find brilliant alternatives that taste just as good! On the other hand, it has been claimed that veganism can be costly and investigations have shown that people following a vegan diet have shown an increased risk of depression due to a sharp decline in omega 3 fatty acids (fish oil and fish). Omega 3 can be found in vegan food but it's much harder to find and is expensive.

In conclusion, both sides of the discussion have brought up many interesting points and, without a doubt, have also produced many shocks. Although it is startling how many animals are killed every year and how much milk a cow has to produce everyday, it is appalling how

many problems are caused by making almond milk. As a result of the convincing arguments made by both views, I, myself, have a mixed view on going vegan. I think that everyone should cut down on animal products as too many animals are being killed to eat and cows are producing too much milk, but some vegan alternatives are releasing too much pollution so I think we shouldn't have too much of those kinds of foods either.. Surely, it's all about moderation?

By Ava

Cultural person of the month

Mary Seacole



Who is Mary Seacole?

Mary Seacole lived in Jamaica and was born in 1805. Her mother was a nurse and had a boarding house for invalid soldiers. Her mother taught her the way of treating people with herbal medicines and taught her everything she knew. Her father was from Scotland and was a scottish soldier. They had many civil rights issues such as: not being able to vote or hold public office (a job in government where you have to be chosen or elected for) and enter professions (jobs.)

Her first hurdle

One day, she read in the paper that Florence Nightingale needed nurses in the Crimean War. Mary went to London by boat. She went for an interview and noticed that every nurse who was signed up was white. She later found out that she was not accepted because of the colour of her skin. However, that didn't stop her.

What did she do?

Her friends in London lent her some money. She decided to set her own boardhouse up. It was at the battle front and she offered hot meals and health care for both sides. Many soldiers called her Mother Seacole because she was so caring and generous. She was an amazing woman and we should all remember and appreciate her, but sadly many people have forgotten and are ignorant to her amazing and brave deeds over the years.

Cultural event of the month

The Great British birdwatch



What is the Great British birdwatch?

This event takes place from the 29th of January to the 31st of January. This event is for children and adults all across Britain to join in and do some birdwatching. You don't need binoculars to bird watch, you just need to know what you are looking for! This article will include a checklist of birds and a bird word search.

What birds are you looking for?

Here is a list of the birds us the sheet below or if you want to print it out there will be a link on the school website where the hello hawley section is.



It would be great if you would take part. These are some things to observe and listen to when bird watching. What sounds are the birds making? What do they look like? Are they colourful?

Here is a bird word search!



Bird Word Search

DIRECTIONS: Find and circle all of the bird names. They may be horizontally, vertically, or diagonally placed.

ALBATROSS

BLUE JAY

CANARY

CARDINAL

COCKATOO

CRANE

DOVE

EAGLE

EMU

FALCON

FLAMINGO

HAWK

HERON

HUMMINGBIRD

IBIS

KIWI

MAGPIE

MOCKINGBIRD

OSTRICH

PARAKEET

PARROT

PARTRIDGE

M	B	X	M	J	Y	V	D	R	I	B	G	N	I	K	C	O	M	X
F	P	Q	K	H	H	R	E	P	M	J	Z	I	S	C	W	A	C	E
H	I	X	I	K	W	L	L	U	O	G	N	I	M	A	L	F	W	S
E	Q	W	W	J	G	S	B	F	M	X	C	C	V	N	K	O	O	U
X	G	A	I	A	I	B	P	T	A	E	G	A	U	A	B	Q	O	M
Y	H	D	E	B	M	Q	L	E	A	Z	V	R	L	R	N	N	D	S
P	Z	F	I	G	B	L	U	E	J	A	Y	D	T	Y	A	I	P	I
L	E	N	O	R	E	H	N	K	O	N	L	I	U	G	C	U	E	H
E	N	Z	Q	M	T	A	I	A	H	A	P	N	R	B	I	G	C	U
I	M	R	J	R	R	R	P	R	C	R	X	A	E	V	L	N	K	M
P	W	E	X	C	O	L	A	A	I	U	Z	L	F	P	E	E	E	M
G	E	N	Y	U	C	B	W	P	R	Z	O	A	O	A	P	P	R	I
A	L	N	C	E	D	D	I	N	T	U	L	T	O	R	A	V	E	N
M	N	U	K	A	T	O	J	N	S	C	Q	D	T	R	R	E	V	G
S	H	R	I	K	E	V	B	D	O	U	U	S	A	O	Y	S	T	B
Y	X	D	D	B	Y	E	S	N	Z	E	A	H	K	T	W	T	L	I
I	F	A	O	L	B	P	N	O	E	G	I	P	C	D	T	O	V	R
S	S	O	R	T	A	B	L	A	L	P	L	J	O	R	F	R	K	D
S	W	R	U	S	R	E	X	Y	W	K	M	Z	C	R	F	K	W	Y

ROBIN

SHRIKE

STORK

TOUCAN

VULTURE

WOODPECKER

PELICAN

PENGUIN

PIGEON

QUAIL

RAVEN

ROADRUNNER

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RECIPE

Vietnamese spring rolls



Preparation

1. **Pour boiling water (LET YOUR PARENT DO THIS)** over the rice noodles and leave them to soak. After ten minutes, drain in a colander or sieve. Refresh the noodles by placing them in a bowl of ice-cold water for a couple of minutes. Drain again and set aside.
2. **To make the rolls**, prepare a hollow plate/flatish bowl of cold water big enough to submerge a spring roll wrapper in and set aside. Prepare your fillings in different bowls.
3. **Take a spring roll wrapper**, and hold it underwater until it's transparent, delicate and sticky. Then, without ripping it, lift it out and transfer to a chopping board or large plate. It should be rather invisible at this point.

THIS IS VEGAN!

Ingredients

- 350g pack of spring roll wrappers
- 100g rice noodles
- 2 -3 carrots, grated with a cheese-grater
- 1 cucumber, cut into thin batons
- 100g soya sprouts
- A handful of fresh mint leaves
- A handful of Thai basil
- Coriander
- Lime wedges (to serve)

4. **To fill the inside**, take a tiny handful of noodles, grated carrots, 1 cucumber stick, some soya sprouts, a mint leaf, a basil leaf and some coriander. Ideally, put much less of each ingredient than you think you should. Group your ingredients together so they form a line/bunch in the center of the wrapper. Fold the edges over **VERY TIGHTLY** so that your rolls start to form. Tuck in the edges, and tadaa! You have made a spring roll. Start again until you have used up all your fillings, then find some soya sauce to dip.

5. **Enjoy !!**

WARNING: THIS RECIPE HAS SOME SHARP KNIVES AND BOILING WATER SO

**MAKE SURE YOUR ADULT IS ALWAYS
AROUND!!!**